

Our services

Individual Therapy

A tailored 1-to-1 therapy experience to openly explore fears and work on coping strategies.

Groups

Share experiences with others facing the same challenges in a group setting.

Trauma Services

Evidence-based approaches to treat emotional trauma and reprocess negative beliefs.

Faith-Based Options

Options for integrating faith-based principles and values in counseling practices.

Wellness Support

Wellness education to enhance overall wellness and fitness.

Get in touch!

Visit hopelacenter.com

Email info@hopelacenter.com

Serving SC residents through telehealth visits.



Founder, Chief Therapist



Dr. Andrea L. Darden, DSW, LISW-CP/S

As a bc thriver, my approach to providing services is deeply informed by my personal experience and 20 years of professional practice and training. I understand the devastation, disappointment, and struggle with the negative thoughts and emotions that accompany this diagnosis. But I also understand and know the path to recovery, hope, resilience, and victory. It is, by no means, an easy path, but it is one that you have the strength to overcome. Let's take this journey together.



Unveiling the hoopla of hope

THERAPY FOR WOMEN ON THE BREAST CANCER JOURNEY



Hope-La

CENTER FOR THERAPY, WELLNESS, AND TRAINING

Are you struggling. . .

after recent a breast cancer diagnosis? Have you been feeling depressed about the future, anxious about reoccurrence, or unable to overcome the emotional trauma of coping with this illness? Whether its you or a loved one, a breast cancer diagnosis is incredibly overwhelming for the entire family.



At Hope-La,

we know that receiving a breast cancer diagnosis is overwhelming and comes with unique emotional challenges that can often be overshadowed by the urgency of physical treatment. You should know that maintaining psychological well-being during this time is just as important and can result in better health outcomes.

About Us

We specialize in therapy services for individuals on the breast cancer journey. We are here to provide personalized counseling services to help you and your family cope with the emotional trauma, psychological effects, and lifestyle challenges of this experience.

Visit our website

www.hopelacenter.com

Contact us

803-881-HOPE

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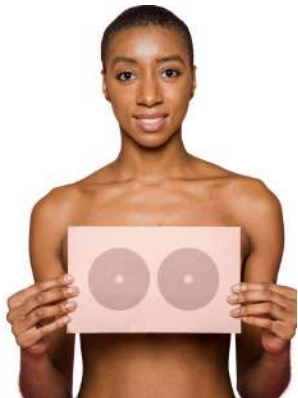
Why choose us?

Individual
Counseling

Group
Counseling

Telehealth
Services

Expertly Trained
Therapists



Important Information

- Evening/Weekend appointments
- Some insurances accepted
- Virtual appointments

Free Consultation

We offer a free 15-minute consultation